

OUT RUN ABUSE 5K & Family Fun Fest

Plus 1 Mile Fun Run/Walk and free festival fun for kids and families!

To benefit the Children's Advocacy Center of Hamilton County

SATURDAY, APRIL 25, 2015



Location: Greenway Farms, 5051 Gann Store Road Hixson, TN 37343

Schedule:
8:00 on-site runner registration & check-in
9:00 5K (easy to moderate level; paved and trail)
10:00 1 Mile Fun Run/Walk
9:00am - 12:00 pm: Free Family Fun Festival

Awards: Race t-shirt and goodie bag guaranteed for pre-registered participants, and as available on race day
Awards presented to top 3 male and female finishers
Completion Ribbon for Fun Run participants

Fees: \$35 for 5K. \$45 day of race
\$15 for 1 mile. \$20 day of race
(Fees are non-refundable)

By mail: Registration Form and check payable to CACHC
419 North Market Street
Chattanooga, TN 37405

Online: www.cachc.org

Questions: Katy Murphy, 423.266.6918, mkmurphy@cachc.org

5K and 1 Mile Fun Run/Walk Registration Form

Please complete one form for each participant

Name: _____

Address: _____

Phone & email: _____

Age on 4/25/15: _____

Circle to indicate: **Gender:** Male Female **Event:** 5K Fun Run/ Walk

Shirt Size: ADULT YOUTH S M L XL

WAIVER-Please read carefully and sign.

I know that running a race is a potentially hazardous activity. I should not enter and run this race unless I am medically able and properly trained. I agree to abide by any race official relative to my ability to complete the run safely. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, effects of weather (including high heat and/or humidity), traffic and conditions of the road, and all risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my participation, I (for myself and anyone entitled to act on my behalf) hereby waive and release the Children's Advocacy Center of Hamilton County and Greenway Farms, its officers, directors, agents and employees, race directors, any volunteers or other persons assisting with the race, and all sponsors and their representatives and successors (collectively, the "Releasees"), from all liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the Releasees. I consent that I may receive any medical treatment deemed advisable in the event of accident, injury, or illness during participation. I understand that bicycles, skateboards, baby strollers, roller blades or inline skates, and/or animals are not allowed in the race and I will abide by this guideline. I also understand that headphones are strongly discouraged.

I understand that race officials may, for any reason and in their absolute discretion, regulate, suspend, or revoke my participation from the event and that I must promptly abide by any directive by any race official. I authorize the Releasees to take and use images of me relating to the event, including and without limitation to, photographs, digital images, renderings, video or audio recordings, and accompanying written descriptions. I agree that any of the Releasees own the images and all rights related to them and may use the images in any manner. I understand and agree that I will not receive payment for any use of images in which I may appear.

Signature of Participant or Parent/Guardian of participant under 18

Date