

33rd Wauhatchie Trail Race

DATE-TIME-PLACE: Saturday, December 16th, 2017, at 9:30-10:15 am (eastern) The race starts at Reflection Riding Arboretum & Nature Center, 400 Garden Road, Chattanooga, TN 37419.

REGISTRATION: Cost \$15. The race entry fee includes admission to Reflection Riding Arboretum & Nature Center for the day. Runners may register online at <https://eventregistration.chattanoogatrackclub.org/> through December 14, 2017. Race day registration opens at 8:30 am.

THE COURSE: The Course A hilly 6.7 miles of gravel/dirt roads and rough double-track trails on the lower slopes of Lookout Mountain. The race involves steep up and down tracks covered with leaves, rocks, and tree limbs, and has an elevation change of 410 feet between the low point (start/finish lines) and the high point of the course (approximately the 2.5 mile mark).

AGE/GENDER HANDICAP: This is an age/gender handicapped race. Males 25-29 are considered the fastest group and start at time "zero". All other groups receive a head start. Females 80 and over start at 9:34:15 and males 25-29 start at 10:15 sharp. If you want to run with a friend you may start later than you assigned time but not earlier.

AWARDS: This is a recycling event; everyone will be a winner if you bring one prize (running or non-running related) for the awards table. Dig into your closet to find that long-lost treasure that you know a fellow finisher will cherish. The overall champion and the top two-person family team will be awarded the coveted Golden Antlers trophy.

FAMILY COMPETITION: The family award is based on the combined finishing times of both runners (including handicap). Team members must have one of the following relationships to each other: spouses, parent-child, grandparent-grandchild, sibling, or aunt/uncle with niece/nephew.

OTHER INFORMATION: Runners are invited to bring goodies to share for post-race snacking - no alcohol please. The race site is a nature preserve so no pets allowed.

CONTACT: Jim Steffes, 6537 Hideaway Road, Ooltewah TN, 37363.
jtsteffes@gmail.com 423-313-0602.

Group	Headstart	Group	Headstart
F 0-11	13:00	M 0-11	8:45
F 12-14	9:15	M 12-14	5:00
F 15-19	6:15	M 15-19	2:00
F 20-24	5:30	M 20-24	0:15
F 25-29	5:15	M 25-29	0:00
F 30-34	6:00	M 30-34	0:30
F 35-39	7:45	M 35-39	1:00
F 40-44	9:30	M 40-44	2:45
F 45-49	11:45	M 45-49	4:00
F 50-54	13:45	M 50-54	5:30
F 55-59	17:00	M 55-59	7:30
F 60-64	20:00	M 60-64	9:30
F 65-69	24:45	M 65-69	12:15
F 70-74	30:45	M 70-74	16:00
F 75-79	35:45	M 75-79	19:45
F 80 +	40:15	M 80 +	23:15

2017 Wauhatchie Trail Race

Name _____ Age: _____ (on Dec. 16, 2017)
Gender (circle): Female Male
Family relationship: _____ Other Family Member: _____
Address: _____
City: _____ State: _____ Zip: _____
Telephone (_____) _____

Athlete's Release: I know that running a trail race is potentially a hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather including heat and/or humidity, dehydration, traffic, ice, and the conditions of the trail, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of you accepting my entry, I, for myself and anyone entitled to act on my behalf, waive, release, and discharge the Chattanooga Track Club, Chattanooga Arboretum & Nature Center, Road Runners Club of America, Wauhatchie Trail Race officials, volunteers, officers, directors, agents, employees, and representative and successors of any of the preceding parties from all claims of liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, and any other record of this event for any legitimate purpose. Headphones, and animals are prohibited from participating in this race.

Signature : _____ Date: _____
(if under 18, parent's signature here)