



Chattanooga Track Club 2019 Race Team Guidelines

Race Team Overview

The Chattanooga Track Club Race Team has been designed to recognize and support Club athletes who excel in distance running as well as track and field. This document serves to establish the set of criteria to be used in determining eligibility for the CTC Racing Program. The club provides support for and recognition of Race Team participants while team members themselves serve as running community ambassadors and represent the CTC on a local, regional and national level.

Interested parties should review the “CTC Race Team Structure and Qualifications” section below and submit information via Chattanooga Track Club race registration website (raceCtc.org) during the application period. Details about the application period and deadlines for applying to the CTC Race Team will be posted on the Chattanooga Track Club website (chattanoogatrackclub.org).

CTC Race Team Structure and Qualifications

Minimum qualifications for CTC Race Team applicants:

- Chattanooga Track Club member in good standing.
- Willing and able to represent the CTC at local, regional and/or national events.
- Qualifying race times that place the applicant within Local or Regional Class ranking or better based on the USA Track & Field Age Graded Calculator.
 - *To find your ranking: visit the USATF website, populate the fields including age, gender, distance, time and then click “calculate”. Those with a “Regional Class” ranking (70%) or higher will be given first consideration for the Race Team. NOTE: Preference will also be given to runners who have participated in CTC Races in the prior calendar year. The calculator may be found here: www.usatf.org/statistics/calculators/agegrading. An example can be found at the end of this document.*

Notes:

- Candidates with age graded rankings below Local Class can still make the team. Final cuts will only be made using these guidelines when applications within a gender / age group exceed available team positions.

- The Race Team will include field events. Field event athletes, contact the Team Captain to determine eligibility.

Secondary qualifications for applicants and other notes:

- Previous membership in the CTC Race Team and, during that membership, satisfactory execution of Team Member Commitments
- The Race Team will strive to recruit a diverse, well-balanced membership with representation in many competitive categories including age and gender.

Race Team Structure

- Team membership will be limited to 28 individuals of up to 14 for each gender.
- Gender age groups (5-year increments) may be limited to 3 members, depending on overall applications.
- Race Team membership is for one year. The race team will complete its year on December 31.
- Each team member must re- apply and meet eligibility for each year they are on the Race Team
- The Race Team Captain will be nominated each year by the VP of Races or the VP of Membership and approved by a general vote of the board. The Team Captain(s) will be named by the February board meeting.
- The Race Team Captain(s) will manage applications, recruitment, budget and all other Race Team operations under the oversight of the Chattanooga Track Club Vice President of Membership and the CTC board of directors.

CTC Support for Race Team Members

The CTC Shall provide for each CTC Race Team member:

- A CTC Race Team Singlet.
- Complimentary entry into two (2) CTC races.
- Reimbursement of entry fee up to \$80 for one (1) National level event, or a USATF certified event greater than 100 miles outside of Chattanooga.

The CTC shall also provide a stipend to aid with team travel to compete in the Cross-Country Club Nationals each year. The amount is to be reviewed annually, included in the budget as a separate Race Team expense line and approved by the Board of Directors.

Race Team Member Commitments

Each CTC Racing Team member commits to:

- Be an active, current CTC member in good standing.
- Represent CTC Race Team by wearing Race Team singlet at races he or she participates / races in (weather permitting).

- Participate in a minimum of five (5) CTC and/or USATF Regional/National events within the calendar year. One (1) of these must be a USATF sanctioned event greater than 100 miles outside of Chattanooga.
- Provide proof of paid registration and event participation wearing CTC Race Team apparel when submitting for entry fee reimbursement.
- Provide at least four (4) hours of service in the running community via volunteer work at any CTC-hosted/organized activities including races, running clinics, workshops, seminars or training programs. The member is responsible for notifying the Team Captain when volunteer hours have been completed.

In addition to these commitments, race team members as CTC members are expected to behave in a manner that is compliant with CTC's Code of Conduct at all races and /or while wearing Race Team apparel. CTC Race Team members are also expected to adhere to CTC's Social Media policy when representing CTC as a Race Team member via Facebook, Instagram, Twitter, etc.

Removal from The Race Team

Race Team members may be dropped from the team for offenses including inappropriate behavior or failure to meet Team Member commitments. If a member is dropped from the team, they will not be reimbursed for unused free CTC race entries and will not receive reimbursement for race/travel expenses incurred after their dismissal from the Race Team.

Race Team Sponsorship

The Chattanooga Track Club is a 501c3 non-profit organization committed to promoting running and fitness. In addition to providing a Race Team opportunity, the CTC organizes 14 race events each year including an elementary and high school cross country series. It also provides many free opportunities such as group runs, training programs and educational workshops in the city of Chattanooga. The CTC relies on support from local organizations to aid with the continuation and growth of these opportunities. To learn more about sponsoring the CTC Race Team, please contact the Club Manager at ClubManager@ChattanoogaTrackClub.org.

Screen shot of the USATF age graded calculator:

In this example, a 25-year-old Female with a 5k time of 20 minutes falls within the 74th percentile, indicating she is within 'Regional Class' range.

The screenshot shows the USATF website's 'Age Grading' calculator. The header includes the USATF logo, 'USATF TRACK & FIELD', 'USATF STORE', and 'USATF REWARDS'. A navigation bar lists 'ABOUT | EVENTS/CALENDAR | NEWS | STATS | ATHLETE BIOS | PRODUCTS/SERVICES | SPORTS | RESOURCES FOR...'. A left sidebar contains links for 'Records', 'Yearly Top U.S. Marks', 'All-Time Lists', 'USA Champions', 'Event/Meet Records', 'Team USA Stats', 'Annual Awards', 'Forms', and 'Calculators'. The main content area is titled 'Age Grading' and features a 'General Settings' section with dropdowns for Sex (female), Age (25), Venue (road), and Distance (5 km). Below this are two calculation sections: 'Calculate Percentage' (Time: 00:20:00, Percentage: 74.00%) and 'Calculate Time' (Percentage: empty, Time: 21:08). A legend at the bottom explains the percentile ranges: 100% = Approximate World Record Level, Over 90% = World Class, Over 80% = National Class, Over 70% = Regional Class, and Over 60% = Local Class. On the right, there is a 'SHOP NOW' section with an image of green gloves and a photo of runners.